### Eggs
**With Corned Beef Hash, Chicken Sausage** $11
- Bacon, sausage links, ham, or sausage patty

**Two Eggs Any Style** $9

**With Meat** $10
- Chicken sausage
- Tofu
- Chorizo

**Scramblers** $11
- Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add $2.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>North Side</td>
<td>$11</td>
</tr>
<tr>
<td>South Side</td>
<td>$11</td>
</tr>
<tr>
<td>North Side</td>
<td>$11</td>
</tr>
<tr>
<td>South Side</td>
<td>$11</td>
</tr>
</tbody>
</table>

**Omelet** $13
- Served with choice of potato or fruit and toast or pancakes.
- Substitute specialty pancakes add $2, egg whites add $1.
- Bacon, sausage, ham and cheddar cheese
- Spinach, mushroom, onion, tomato, zucchini and Havarti cheese
- Goat cheese, avocado, spinach, mushroom
- Chicken sausage, onion, roasted red pepper, kale, fresh mozzarella, parmesan, pesto
- Artichoke, roasted red peppers, spinach, onions, feta

### Scramblers
**Greek yogurt, granola, honey, fresh fruit** $8

### Breakfast Bowls
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Granola Parfait</td>
<td>$8</td>
</tr>
<tr>
<td>Greek yogurt, granola, honey, fresh fruit</td>
<td></td>
</tr>
<tr>
<td>Ancient Grain Bowl</td>
<td>$10</td>
</tr>
<tr>
<td>Greek yogurt, ancient grains (farro, quinoa, amaranth), toasted almonds, chia, sunflower, flax seed, seasonal berries</td>
<td></td>
</tr>
<tr>
<td>Cauliflower Rice Bowl*</td>
<td>$11</td>
</tr>
<tr>
<td>Seasoned cauliflower rice with onion, cucumber, cabbage, chicken sausage, spinach, avocado, yellow squash, poached egg and sesame seeds, strracha tahini dressing</td>
<td></td>
</tr>
<tr>
<td>Grainty Day Breakfast Bowl**</td>
<td>$11</td>
</tr>
<tr>
<td>A mixture of farro, quinoa, amaranth, topped with broccoli, yellow squash, Granny Smith apples, cherry tomatoes, sweet potato, avocado, pumpkin seeds, and poached egg</td>
<td></td>
</tr>
<tr>
<td>Southwest Breakfast Bowl</td>
<td>$11</td>
</tr>
<tr>
<td>Base of scrambled eggs mixed with chorizo topped with black beans, roasted corn, jalapeno, avocado, red onion, cherry tomato, Chihuahua cheese, sour cream</td>
<td></td>
</tr>
</tbody>
</table>

### Omelet Bar
- Old-fashioned omelet, topped with 4 of your favorite toppings—choose:
  - **Egg White Scrambler** $9
  - **Egg Scrambler** $9
  - **Egg Scrambler with seasoned tofu, black beans, red onions, mushrooms, chicken sausage, spinach, Chihuahua cheese** $10
  - **Substitute specialty pancakes add $2, egg whites add $1**

### Skillets
- Served with choice of toast or pancakes.
- Substitute fruit add $1, specialty pancakes add $2, egg whites add $1.
- Corned beef hash, onion, green pepper, Swiss cheese
- Chorizo, jalapeno, onion, avocado, Chihuahua cheese
- Spinach, mushroom, onion, tomato, zucchini & Havarti cheese
- Goat cheese, onion, green pepper, Chihuahua cheese

### Build Your Way
- **Omelet** $9
- **Scrambler** $8
- **Skillet** $9

<table>
<thead>
<tr>
<th>Item</th>
<th>Protein each ingredient $1.5</th>
<th>Cheese each ingredient $1.25</th>
<th>Veggies each ingredient $1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bacon</td>
<td>American</td>
<td>Avocado</td>
<td>Artichoke</td>
</tr>
<tr>
<td>Sausage</td>
<td>Feta</td>
<td>Onions</td>
<td>Zucchini</td>
</tr>
<tr>
<td>Ham</td>
<td>Spicy Feta</td>
<td>Jalapeno</td>
<td>Tomato</td>
</tr>
<tr>
<td>Chorizo</td>
<td>Cheddar</td>
<td>Bell pepper</td>
<td>Mushrooms</td>
</tr>
<tr>
<td>Tofu</td>
<td>Swiss</td>
<td>Spinach</td>
<td>Corn</td>
</tr>
<tr>
<td>Chicken Sausage</td>
<td>Goat</td>
<td>Broccoli</td>
<td>Pepper</td>
</tr>
<tr>
<td></td>
<td>Blue Cheese</td>
<td>Fresh</td>
<td>Yellow Squash</td>
</tr>
<tr>
<td></td>
<td>Mzzarella</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### More breakfast items on the other side...
### Pancakes
- Buttermilk ........................................ $9
  - Add blueberry, banana, or strawberry $1.50
- Chocolate Chip and Banana ............. $11
- Cinnamon Swirl .................................. $11
- Reese’s® Peanut Butter Cup ............. $11
- Blueberry-Lemon Cheesecake ........... $11
- Butterscotch S’mores ......................... $11
- Maple Bacon .................................. $11
- Black & White ................................ $11
  - Milk chocolate and white chocolate chips

**Pancake Combo** ................................ $13
  - Pancakes, bacon, sausage, eggs (upgrade to specialty cakes $3)

### French Toast
- Classic .............................................. $9
  - Add blueberry, banana, or strawberry $1.50
- Cinnamon Roll .................................. $11
- Bananas Foster ................................. $12
  - Thick cut French toast topped with caramelized bananas

**French Toast Combo** .......................... $13
  - French toast, bacon, sausage, eggs

### Waffles
- Waffle ............................................... $8
  - Add blueberry, banana, or strawberry $1.50

**Flight Combo** ................................ $10
  - Mini waffles topped with fresh strawberries, blueberries, bananas, cookie butter and apples

### Sides
- Bacon or Chicken Sausage .............. $4
  - Gluten Free Toast .......................... $3
- Sausage or Ham .................................. $3.5
  - Pancakes/French Toast .................. $3
- Corned Beef Hash ............................... $4.5
  - Specialty Pancakes/ ........................ $4
- Biscuit and Gravy ............................... $4
  - French Toast................................ $4.5
- Potato .............................................. $3
  - Maple Syrup 1 oz. ............................ $1.5
- Cheesy Potato ................................. $4
  - Egg ............................................. $1.5
- Bagel with cream cheese ............... $3
  - Berry Cup ................................. $4
- Sliced Avocado ................................. $2
  - Fruit Cup ................................ $3

### Salads
- Cobb ................................................. $13
  - Romaine, cherry tomato, egg, bacon, chicken, avocado, onion, cheddar cheese
- A Sea of Green ................................ $13
  - Romaine, arugula, shredded brussel sprouts, chicken, tomato, avocado, dried cranberries, walnuts, blue cheese
- Healthy Citizen ................................. $13
  - Romaine, spinach, egg, avocado, roasted cauliflower, asparagus, cherry tomato, red onion, goat cheese, cucumber
- Poké Bowl *(not really a salad, but...)* .... $14
  - Choice of mixed greens, avocado, radish, jalapeños, fresh fruit, edamame, cucumber, ahi tuna* & black sesame seeds, side of teriyaki aioli
- No Regrets ....................................... $14
  - Romaine, Old Bay seasoned shrimp, roasted corn, black beans, cucumber, avocado, red onion & cilantro
- Salmon ............................................. $14
  - Atlantic salmon marinated in lemon-dill with mixed greens, roasted cauliflower, roasted carrots, cucumber, cherry tomato, radish, garlic, garbanzo beans

### Sandwiches
- Reuben ............................................. $12
  - Corned beef, Swiss, sauerkraut, 1000 Island dressing on rye bread
- Double Cheeseburger* ...................... $11
  - Two quarter lb. patties, American, diced red onion, mayo, dill pickle. Add egg $1, bacon $1.25
- Patty Melt* ....................................... $11
  - American, grilled onion on rye
- Habanero Jack Chicken ..................... $11
  - Breaded chicken breast, bacon, bbq, habanero jack cheese, leaf lettuce, red onion, tomato, mayo
- Cuban ............................................. $11
  - Smoked pulled pork, ham, mustard, pickle and Swiss cheese
- Chicken Sandwich .............................. $11
  - Grilled chicken breast with tomato, avocado, onion, lettuce, smoked gouda
- Tuna Melt ......................................... $11
  - Allbacore tuna with American cheese on rye

**Shrimp Po’ Boy** ................................ $12
  - Fried shrimp, lettuce, tomato, onion, cajun sauce

### Breakfast Sandwiches
- Served with choice of potato or fruit
- **Breakfast Sliders** .......................... $10
  - 2 sliders with sausage patty, cheese, scrambled egg
- **BLT&E** ........................................ $11
  - Bacon, lettuce, tomato, scrambled egg, light mayo
- **Croissant Sandwich** ....................... $11
  - Scrambled egg, American cheese, cheddar cheese
- **Lox Sandwich** ................................. $13
  - Cucumber, tomato, cream cheese, red onion, bagel

### For the Shorties
- All come with choice of juice, milk or soda (no refills on juice) ........... $6
  - Coffee ........................................... $3.25
  - Hot Tea *(Rishi)* ............................... $3
    - Earl Grey (black), English Breakfast (black), Turmeric Ginger (herbal), Chamomile (herbal), Jasmine (green), Blueberry Hibiscus (herbal)
  - 100% Freshly Squeezed Juice 10 oz. .... $3.5
    - Orange juice, grapefruit juice, strawberry-lemonade
  - Apple, Cranberry, or Tomato Juice 10 oz. .................. $3
  - Iced Tea, Black ............................... $3
  - Milk *(Whole, Skim, 2%, Chocolate, Almond, Soy, Oat)* .... $3
  - **Fountain Drinks** ......................... $3
    - Coke, Diet Coke, Sprite, Fanta Orange, Lemonade

### Drinks
- Basic Hot Chocolate .......................... $4
- Vanilla Celebration .......................... $6
- Screaming Chocolate Guy ................... $6

**Screaming Chocolate Guy** .................. $6
  - 2 egg poached or hard boiled, choice of protein & 3 veggies. Additional veggies 1.5

**Protein Plate** ................................ $10
  - Tofu 10  ..................................... $10
  - Shrimp 13 ..................................... $13
  - Cannas 11 ..................................... $3
  - Avocado ................................. Fried Jalapeño
  - Yellow Squash ......................... Brussels Sprouts
  - Asparagus ................................ Mushrooms

### Sandwiches
- All sandwiches served with fries, fruit cup or side salad.
- **Chicken or Egg Salad** ................... $10
  - With lettuce, tomato, Havarti cheese on multigrain or croissant
- **Chicken Pesto** .............................. $13
  - Chicken breast, fresh mozzarella, pesto, arugula, sundried tomato spread
- **Mahi Mahi Tacos** ......................... $11
  - Wild caught mahi filet, mango pico de gallo, avocado slices with salsa verde
- **Cobb Wrap** ................................ $11
  - Romaine, cherry tomato, egg, bacon, chicken tenders, avocado, onion, cheddar cheese with ranch dressing
- **Veggie Sandwich** ......................... $10
  - Yellow squash, roasted red pepper, red onion, spinach, fresh mozzarella, sundried tomato spread

**Fish Sandwich** ................................ $10
  - Breaded flounder with leaf lettuce, red onion, tomato, American cheese and tartar sauce

### Parties of 8 or more are subject to an 18% gratuity.